

Newsletter Autumn 2021



Dear member,

Just a brief newsletter to update you on activities and events for the next few months.

Committee has now finally met and decided that we will not be arranging any trips until the New Year.

AGM

The AGM will be held on Tuesday 28th September, 1.30-3.30 at The Quaker Meeting House, Colmore Road, Kings Heath. Light refreshments will be provided.

Coffee Morning

This is held every Friday between 10 and 12 at The Housing Department Sheltered Housing Scheme in Whitesmith Croft off Silver Street, Kings Heath. The scheme is located opposite Lidl.

Tea, coffee, cakes and biscuits are provided for a minimum donation of 50p.

Chair Yoga

We are planning to recommence chair yoga. Date to be decided. However, we can confirm that it will be held every Tuesday from 10-11.30 at the same venue as the coffee morning.

Please contact Phil if you are interested in joining.

Health and well-being event.

This will be held on 13th October at Kings Heath Cricket Club.

Registration is at 10.30-11 with tea and coffee provided on arrival.

Richard Churchley will be presenting the morning session which is about memories from the 50's and 60's. Audience participation will be most welcome.

A buffet lunch will be served from 1-2 followed by musical entertainment provided by Derek. Some of you will remember Derek who entertained us at our 2 events in October and December 2019.

The booking form is enclosed and must be returned to the address given by 6th October.

The charge per member is £15

Donations of any unused items for the raffle would be most appreciated.

Christmas meal

This will take place on Wednesday 8th December at Kings Heath Cricket Club. Musical entertainment will be provided. Booking form to follow.

Digital Inclusion

What has become so evident during the Pandemic is that social media platforms such as Zoom, FaceTime and Messenger have been instrumental in enabling families and friends to keep in touch.

If any member has a smartphone or pad and needs help on how to search the internet or use media platforms come along to our coffee morning and talk to Phil.

Manningford Hall

Manningford Hall Community Group, Bells Lane, Druids Heath are inviting members to attend their Christmas Lunch on Thursday 16th December. The charge is £25 per person and includes entertainment.

Contacting opnocs

Tony and Phil can be contacted as follows:
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Our address is The Old Print Works, 498-506 Moseley Road, Birmingham B12 9AH.

Also, we can be contacted by email at info@opnocs.org

Our Website is www.opnocs.org